



### **Disclaimer of Liability**

Katie Proko, CISSN, is not a physician or psychologist, and the scope of her consultation services does not include treatment or diagnosis of specific illnesses or disorders. If you, the client, suspect you may have an ailment or illness that may require medical attention, then you are encouraged to consult with a licensed physician without delay. Only a licensed physician can prescribe drugs. Any mention of drugs in the course of consultation is only for the purpose of providing a complete history of drugs that the client is taking and not for Katie Proko to judge the appropriateness of the medication. Any change in prescription or dosage is a decision the client makes with his or her physician.

Rather than dealing with treatment of disease, Katie Proko focuses on wellness and prevention of illness through the use of non-toxic, natural nutritional therapies to achieve optimal health. As a certified sports nutritionist and coach, Katie Proko primarily educates and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet.

While people generally experience greater health and wellness as a result of embracing a healthier attitude, lifestyle, and diet, Katie Proko does not promise or guarantee protection from future illness or performance decline.

By signing below, you acknowledge that you understand that Katie Proko is a health consultant and not a physician, and that you should see a doctor if you think you have a medical condition. Katie Proko will not be held liable for failure to diagnose or treat an illness, nor will she be liable for failure to prevent future illness.

Additionally, you promise to give Katie Proko a complete and accurate account of any medical conditions that you may have and any medications that you are taking.

Client's Signature \_\_\_\_\_ Date \_\_\_\_\_